



## Broadalbin Baptist Church

40 West Main Street  
Broadalbin, New York

### What is MOPS?

MOPS stands for Mothers of Preschoolers. MOPS International exists to meet the needs of every mom - urban, suburban, and rural moms, stay-at-home and working moms, teen, single, and married moms - moms with different lifestyles who all share a similar desire to be the very best moms they can be!



### How Did MOPS Start?

The first MOPS meeting took place in February 1973 in Wheat Ridge, Colorado. For two hours, while their children received care, these mothers talked, laughed, ate, passed a basket for childcare expenses, had a craft demonstration, and ended with a short devotional. In this humble beginning, the seeds of the MOPS concept and format were planted. Through friendship, creative outlets, and instruction, the women began to understand that "mothering matters."

### How Does MOPS Relate to BBC?

MOPS @ BBC recognizes that the years from infancy to kindergarten are foundational in a mother-child relationship and are filled with unique needs.



Simply put, we want to help. You'll enjoy a mix of crafts, speakers, instruction, and discussion aimed at building friendships and gaining support, because "mothering matters."

Our Moppets Program provides a range of activities for your



preschooler so you can be active in the MOPS group. Activities include singing, playing and story time by caring leaders.

There is also quality nursery care for your toddlers!

### What are the MOPS Ministry Values?

- ❖ **Dignity:** The dignity of each individual mother of preschoolers, no matter where she has been, what she has done or how she is choosing to live her life today.

- ❖ **Women:** The equipping of women to become all that God has designed them to be.
- ❖ **Mothering:** The value of mothering for its contribution to individuals, children, society at large, future generations and eternity.
- ❖ **Relationships:** Relationships including the male/female marital relationship, the parent/child relationship, and the ultimate fulfillment of all needs through a personal relationship with Jesus Christ.

### What do Moms say About MOPS?

- ❖ MOPS affirms that moms have needs and gives them permission to meet their needs.



- ❖ The greatest gift I received from MOPS was the connection and support from other moms. It was good to know other moms go through daily challenges as well as joys.
- ❖ The gift I get from MOPS is knowing that I'm not doing this (parenting) alone, connecting with other moms going through the same things I go through, and getting ideas from other moms really helps big time.
- ❖ I feel so affirmed to be part of a group of women who understand the ups and downs of mothering.

### When Does MOPS Meet?

MOPS meets from 10:00 AM -11:30 AM at BBC every 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month during the school year. MOPS follows the school calendar and is closed when school is not in session.



### Contact Information

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